



CDNY Regional Synchro Parent Code of Conduct

Codes of Conduct give everyone a guide to what is expected as part of an organization, sport or spectators at related events.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character” (Arizona Sports Summit Accord). CDNY Regional Synchro has adopted the principles of the US Figure Skating SafeSport Program to aid in handling abuse and misconduct if it should occur, and to reduce, monitor, and govern areas where potential abuse and misconduct could occur. Codes of Conduct are one of the components of the SafeSport Program.

INITIAL EACH and SIGN BELOW. By initialing and signing, I understand and agree:

- I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition and test session.
- I will serve as a positive role model for all skaters. I will applaud all good skating by my skater's team and others. I will applaud a good effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes. I will never ridicule or yell at my athlete or other participants, nor will I blame my athlete's teammates for team placement in a competition.
- I will teach my athlete that doing one's best is more important than winning. I will place the emotional and physical well-being of my athlete ahead of my personal desire to win.
- I will encourage my athlete to skate in a safe and healthy environment. I will inform my athlete's coach of any physical disability or ailment that may affect the safety of my athlete or the safety of others.
- I commit to making skating fun and will remember that my athlete participates in sports for his/her own enjoyment and satisfaction; not mine.
- I will support all the opponents in my athlete's competition and respect the rights of all skaters to participate.
- I will hold my child responsible for respectful treatment of other skaters, coaches, fans and officials regardless of race, creed, color, sexual orientation or ability.
- I will teach my child to resolve conflicts without resorting to negativity, aggressive language, hostility or violence.



- I will demand a figure skating environment for my athlete that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any drug prescribed by applicable federal, state or municipal law.

- I will not assist or condone any competing athlete’s use of a drug banned by the International Olympic Committee, International Skating Union, United States Olympic Committee, ISI, or US Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.

- I will not provide alcohol to, or condone the use of alcohol by minors, abuse alcohol in the presence of athlete members, or at figure skating activities or, in the case of athletes, consume alcoholic beverages while a minor.

- I will respect my athlete’s coach and refrain from coaching my athlete or other skaters during competitions and practices because it may conflict with the coach’s plan or strategies.

- I will respect the decisions of officials and their authority during competitions and test sessions and teach my athlete to do likewise.

- I will show appreciation and recognize the importance of volunteers and club officials.

- I will learn the rules of US Figure Skating and teach my athlete accordingly so that we have an understanding and appreciation of the rules of competition and membership.

- I will abide by and support all policies of CDNY Regional Synchro. I will positively support CDNY Regional Synchro management team and volunteers in all activities.

- I understand my responsibilities as a parent of an athlete member of CDNY Regional Synchro.

Parent Code of Conduct Agreement – Signatures

Re: Skater(s) Name(s): _____

I, _____, have read the Parent Code of Conduct. I understand all content and agree to up-hold all guidelines and rules of this document. I understand my athlete’s participation on the team is dependent upon my ability to do so.

Parent signature: _____ Date: _____

Witness signature: _____ Date: _____